HIPAA–PR02
Confidential/Alternative Communication
Requests for Healthcare Providers

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Effective: September 1, 2016
Last Updated: September 1, 2016

Responsible University Office:
HIPAA Privacy and Security Compliance Office

Responsible University Administrator:
Vice President for University Clinical Affairs

Policy Contact:
University HIPAA Privacy Officer

Scope

This procedure applies to any IU HIPAA Affected Area that is a Healthcare Provider. This procedure is in accordance with the Privacy Rule of the Health Insurance Portability and Accountability Act (HIPAA).

Reason for Procedure

The Health Information Portability and Accountability Act (HIPAA) Privacy regulations require that a covered entity must permit individuals to request and must accommodate reasonable requests by individuals to receive communications of protected health information from the covered healthcare provider by alternative means or at alternative locations. A covered healthcare provider may not require an explanation from the individual as to the basis for the request as a condition of providing communications on a confidential basis.

This procedure defines the process for complying with a patient’s reasonable request(s) for alternative communications.
Definitions
See HIPAA Glossary for a complete list of terms.

Statement
A. Individuals have the right to request alternative means of communications from IU HIPAA Affected Areas that are healthcare providers in order to ensure confidentiality. Examples of the types of communications to which this policy may apply include:
   1. Appointment reminders
   2. Billing statements
   3. Pre or post-treatment/procedure calls
   4. Sending test results
   5. Prescription refill reminders

B. If alternative means of communications are not requested, the IU Healthcare Providers may freely communicate with the individual through the telephone number and address provided by the individual.

IU Healthcare Providers are responsible for complying with this procedure or for developing a comparable operating procedure for addressing requests for confidential communication.

Procedures
A. Requests for alternative means of confidential communications must be in writing.

B. IU Healthcare Providers should accommodate all reasonable requests to receive confidential communications by alternative means or at alternative locations and will not require an explanation from the individual as to the basis for the request.

C. Reasonable requests include (but are not limited to) using alternative telephone numbers, alternative addresses, refraining from leaving messages on answering machines, and refraining from mailing information to the individual. Unreasonable requests are those that would be too difficult technologically or practically for the IU HIPAA Affected Areas to accommodate.

D. IU Healthcare Providers and/or designated staff will be responsible for receiving, processing, and responding to requests for confidential/alternative communications and for maintaining the request form in the medical record.
   1. If the request is for an alternative address, telephone or e-mail, the designated staff member may approve it at the time of request.
   2. Agreed upon requests for alternative communication must be communicated to all who may be involved in the use or disclosure of the individual’s PHI.
3. If the request for alternative communication is denied, the reason for the
denial must be documented on the request form.

4. The designated staff member will contact the patient to inform them the
request was denied and the reason for the denial.

5. IU Healthcare Providers will document the acceptance or denial of an
individual’s request for confidential/alternative communications and maintain
all documentation relating to the request in the individual’s medical record.

Related Information

HIPAA Privacy Rule
45 C.F.R. §164.522

History

04/06/2015    New procedure
09/01/2016    Finalized procedure